

Celebrating 35 years..... Well Within's Earth Mysteries & Sacred Site Tours presents.....

Mysterious Cornwall!

***Earth Mysteries,
Ancient Sites, Celtic Teachings***

July 19 - 26, 2017 (7 nights)

Also precedes Scotland Tour, so if want to do both, let me know

Tintagel & Ancient Sites of Penwith, Cornwall



Merry Maidens, Cornwall



Men-an-tol Holed Stone, Cornwall

Well Within's Earth Mysteries & Sacred Sites Tours - Celebrating our 35 year anniversary in 2017!

Experience incredible journeys to ancient & sacred sites throughout the world. Well Within's Earth Mysteries & Sacred Sites tours to mysterious & sacred sites are special in that you experience the power & energy of the sites. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted nearly 100 exciting workshops, conferences, weekend retreats in holistic health & metaphysical concepts & nearly 100 incredible international tours to these mysterious & sacred sites as well as alternative healing centers. Well Within has conducted the above in California, Colorado, Hawaii, England, Scotland, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

Sheri Nakken, former R.N., M.A., is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices, ancient sites, & history's mysteries, where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. What we can create together will be magnificent!

Sheri Nakken, R.N., MA, Director/Creator

Well Within

Phone 360 - 390-4343 phone in US (and forwarded to my phone while traveling in Europe)

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Sheri Nakken, former R.N., MA, Director -- Conducting Conferences throughout the world since 1982

Provider Approved by the California Board of Registered Nursing, BRN Provider #04327

Conducting Conferences & Workshops throughout the world since 1982 (All tours personally led by Sheri)



*A Celtic Journey to
Mysterious Cornwall!
7 night tour*

Cornwall

Beautiful Cornwall is in the extreme southwestern part of England. Cornwall is a peninsula encircled by coastline that abounds

with rugged cliffs, hidden bays, fishing villages, sandy beaches & sheltered coves where pirates & smuggling were once common. The Cornish people have a Celtic-Iberian origin which still lives on in superstition, folklore & fairy tales. Arthur is one of the main legends of this area.

- * Beautiful beaches for swimming & cliff walks & lunches
- * Sunset at Lands End & visit to beautiful Lamorna Cove
- * Tintagel - high on cliffs above the sea - legendary birthplace of King Arthur - Tintagel Castle ruins & Merlin's Cave
- * St. Ives, the lovely seaside fishing village
- * St. Michael's Mount - Mysterious mount rising 250 feet above the sea
- * Michael Energy Leyline - Learn and experience the Michael energy leyline as well as the Apollo & Athena lines and the significance of the Archangel Mi-cha-el
- * Ancient Sites -- Merry Maidens Stone Circle, Boscawen-Un Stone Circle, Men An Tol Holed Stone, Lanyon Quoit, Holy Wells at Sancreed & Madron

Special Teachings During Whole Tour

- * Celtic History, Practices & Worldview
- * Sacred Sites & Their Hidden Teachings
- * History's Mysteries
- * Cornish & Celtic History in Britain
- * Earth Energies, Ley Lines, Stone Circles

Tentative Itinerary

Day 1 AM Arrive at Birmingham airport. Travel toward Tintagel, overnight on the way.

Day 2 & 3- Travel to Tintagel, on a wild stretch of the Atlantic coast, is the legendary birthplace of King Arthur. The 13th-century ruins of Tintagel castle stand on the cliffs above the sea. Optional visit to **Merlin's Cave**. Also visit to **Boscawen** and the Witchcraft Museum for those interested. Travel Day 4, down further into Cornwall for overnight next 4 nights.



Days 4, 5, 6, 7 - While in the Penwith area of Cornwall (furthest SW region of Cornwall including Lands End) we will visit **St. Ives**, the lovely seaside fishing village, famous for its sandy beaches and art colony. It is a village of narrow streets & quaint cottages with wonderful potters, weavers, artists & other craftspeople. We also will visit **St. Michael's**

Mount - Mysterious mount that rises 250 feet from the sea - topped by a partially medieval, partially 17th-century castle - only reached by a causeway at low tide. This area is filled with **Ancient Sites** dating back at least 5000 years - hundreds of quartz-studded granite standing stones, sacred wells, stone circles, chambered barrows & underground 'fogous' were erected during the following 3000 year period. **We will visit Merry Maidens Stone Circle, Boscawen-Un Stone Circle, Men An Tol, Lanyon Quoit, Holy Wells at Sancreed & Madron. Also evening visit for the sunset at Lands End, lunch at the beautiful Lamorna Cove, time for swimming at some beautiful beaches.**

Day 8 - Tour ends - continue on your own or travel to Birmingham airport for flights home or to Scotland on Day 9 (cost for hotel on Day 8 is extra; flights extra) or continue on with me up to Scotland tour, driving (costs during this time extra)



Tour Conditions

I. Price of Tour: Send deposit of \$450 to hold place as soon as possible as trip will fill. **See Registration Form for Prices.** The \$650 deposit is the same whether by check or credit card. (These costs are based on the exchange rate of 1.00 - 1.60 dollars per 1 British Pound Sterling. If the dollar falls in value before the trip, the price may have to be adjusted slightly upward.

II. Included: Price includes 7 nights accommodations in England, Tintagel & Cornwall twin/triple rooms; in Bed & Breakfast or Hotel; all breakfasts, transportation from designated airport at beginning of trip by minibus or car (depends on size of group) (must coordinate arrival time with us), to designated airport at end of trip & throughout tour; admission to sites listed; all workshops. Single room extra cost.

III. Not Included: Cost does not include airfare to/from Britain; lunches & dinners; passport & items of personal nature.



IV. Travel Arrangements - Well Within is also a travel agency. I can help with flights for a small fee. Must arrive at designated airport by a certain time & leave designated airport by a certain time. Can always come a day early or stay a day later if that is a problem (stay

near airport). **Check with me about your flights** if you want to book your own BEFORE you make final payment on those flights.

V. Deposit & Payments: \$650 deposit secures space. 1/2 of balance of payment due by **90 Days before Tour**. Remaining 1/2 of balance (full payment) due by **60 Days before Tour**. Total \$150 late payment fee added if payments not made by due dates (\$75 for each payment not met).

VI. Cancellations & Refunds: Refunds minus \$300 fee will be made if cancellation is postmarked by 150 days prior to departure. If cancellation postmarked between 90 - 149 days prior to departure, \$450 is non-refundable. If cancellation postmarked between 60-90 days prior to departure \$900 is non-refundable. If cancellation postmarked between 30-59 days prior to departure, \$1150 is non-refundable. If cancellation postmarked between 15-29 days before departure \$1300 is non-refundable; and under fifteen days from departure there is no refund.



We strongly recommend travel insurance, which enables you to recover all deposits if you need to cancel the trip due to illness or death. Please contact us if you want details on this insurance. No partial refunds will be given under any circumstances for unused hotel rooms, meals, or sightseeing trips.

Photos - clockwise from top left
St. Michael's Mount, Cornwall
Tintagel
Path to Madron Well in Cornwall
Thatched Cottage in England
St. Ives

To Register

EMAIL OR PHONE AND LEAVE MESSAGE that you are registering for the tour AND fax the form to me - email me for fax number to use as I am traveling currently or can scan the registration form and send to me as an attachment in email Mailing address: email me for mailing address to use while I am traveling

Name _____

Address _____

City/State _____ Zip _____

Day Phone _____ Evening Phone _____

Place of Employment _____ Email Address if have _____

Payment by (circle one):

Paypal - paypal payments at <http://www.paypal.com>
my account is wellwithinclasses@gmail.com - email for link for payment

Credit cards: Can take credit cards through paypal - if you don't have a paypal account to do this, email me and I will help with this

Check or Money Order

Total Enclosed Today _____ Deposit of \$450.00 to hold space

I would like to register for 13 night tour: Date of Tour Registering For _____

REGISTER EARLY for below discounts & space is limited!!!

/Cornwall Tour - send \$650 USD deposit

Dates of tour you are registering for _____

*****\$100 discount of final payment if pay balance of payments by cashiers check (deposit can be by credit card or paypal)**

Regular price if payment by credit card or paypal **excluding airfare

- *\$1995 USD per person twin/triple occupancy if \$650 deposit received by 02/08/2017
 - *\$2095 USD per person twin/triple occupancy if \$650 deposit received after 02/08/2017
 - Single supplement - *\$300 USD if you desire single room (limited in number)
- * Based on exchange rate of \$1.00 - 1.60 USD per 1 UK Pound Sterling - See A. Responsibility below

**Paypal at <http://www.paypal.com> my account is wellwithinclasses@gmail.com

Type of Room desired throughout Tour

- Double/triple room with twin beds
- Double room with 1 double bed to share (if possible)
- Single - note single rooms are usually limited in number & smaller in size

I have read, understand & accept the Tour Conditions, Section A: Responsibility & the Cancellation & Refund Policy.

(Signature) _____

Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. We also explore a lot of newly released information that you may not have heard before.

If you have a curiosity about mythology, sacred sites, other cultures, and a sense of adventure and want to travel with like-minded people in small intimate groups with a nice balance of workshop time, site time as well as free, independent time, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the energy of the site. We allow special extra time at sacred sites and there is always the option of being with the group or being on your own. Also, meals are usually not included, except breakfasts to afford you the opportunity to explore on your own at meal time or eat with the group.

We want your tour to be a trip of a lifetime, a transformative adventure.

Flights & Travel Arrangements

Well Within is a travel agency & all flights and travel arrangements can be made with us for a small fee.

A. Responsibility: Well Within, with its principal place of business in Nevada City, CA acts only as agent for the tour operator, the various hotels, airlines, bus companies, railroads, ship lines (called Travel Suppliers) providing accommodations, transportation or other services described in this brochure, and the acceptance of tour membership and/or such coupons, exchange orders, receipts, contracts, and tickets, the tour member agree to the foregoing and that; Neither Well Within or any of its agents or employees shall be liable for any delay, change in schedule, loss, damage or injury to property or persons caused by reason of the negligence wrongful or intentional acts or defects of equipment of any such travel supplier; for any expense or inconvenience caused by late arrivals of any such conveyances of such travel suppliers or any changes of schedules, conveyances or accommodations determined by any tour operator, or for any cancellation or disruption of any such services provided by any such travel suppliers; or for any failure on the part of any such tour operator or travel supplier to perform by reason of financial difficulty or default, suspension of operation, or other reason; or for any refunds for travel accommodations not provided by any such tour operator or travel supplier in excess of amounts actually received by way of refund from any such tour operator or travel supplier, or not paid over by Well Within to any such tour operator or travel supplier. Neither Well Within or any of its Associates, agents or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of nature, governmental actions, civil unrest or hostilities, or acts of terrorism, or for the default of any tour operator or travel supplier, or for any reason beyond the control of Well Within. Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour operator shall have the right to substitute hotel or alter itineraries, and Well Within shall have the right to cancel any tour prior to departure or to increase the prices where the costs shall rise. The England tour is based on the exchange rate of 1.00 - 1.60 Dollars per Pound. If the dollar falls in value before the trip, the price may have to be adjusted slightly upward. Well Within recommends the purchase by each tour member of appropriate travel accident insurance, baggage insurance, tour operator/carrier default protection insurance, and trip cancellation insurance, and has explanatory information and policies available for any tour member desiring such coverage. The airlines or transportation companies concerned are not to be held responsible for any acts, omissions, or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this tour and/or passengers.

